



## Get Going

*Travel with Kids*

They say that when the going gets tough, the tough gets going, but with kids in tow that 'going' can get even tougher. So if you are traveling avec enfants this holiday season, we have a handy list of items that can make the trip to Granny's a bit easier.

For the airplane, ditch the bulky car seat for the handy **CARES** airplane seatbelt. Once baby is one (and between 22 and 44 pounds), you can use [CARES](#) (Child Aviation Restraint System). It's an FAA-approved safety harness that fits on any airline seat. We love that it weighs only one pound, so if you're taking a car seat on your trip, check it with your bag and take CARES on board instead. (You have enough to carry getting on and off that plane what with the babe in arms, the stroller and your fab new mommy bag filled with all things essential after all.) While the excellent safety rating is a draw for many, the real bonus for parents is the convenience. (Available at [LittleTraveller.ca](#) for \$85, rental for \$25)



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