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38 TRAVELING WITH KIDS
Wise advice for safe and serene traveling with the kids

FAMILY TRAVEL



Traveling with kids can be a challenge, whether you're flying to Europe or packing up for a weekend getaway to Tybee Island. Most children can act ungrateful and refuse to have fun in most wonderful places, even though parents have made sacrifices in time and money to the family a special treat. So what's a parent to do? Travel experts say that preparation, carefully-laid plans, and careful execution of those plans are the most important strategies for traveling families. Naturally, the best plans may sometimes be altered, but impromptu changes can also be anticipated so that they don't detract from the fun. The American Academy of Pediatrics (AAP) offers our readers the following tips for a successful trip:

TRAVELING BY AIRPLANE

✈ Similar to travel in motor vehicles, a child is best protected on an airplane when properly restrained in a car safety seat appropriate for the age, weight and height of the child, meeting standards for aircraft until the child weighs more than forty pounds and can use the aircraft seat belt. You can also consider using a restraint made only for use on airplanes and approved by the FAA (see CARES info on opposite page). Belt-positioning booster seats cannot be used on airplanes, but they can be checked as luggage (usually without baggage fees) for use in rental cars and taxis.

✈ Although the FAA allows children under age two to be held on an adult's lap, the AAP recommends that families explore options to ensure that each child has her own seat. Discounted fares may be available. If it is not feasible to purchase a ticket for a small child, try to select a flight that is likely to have empty seats.



Forget having to carry a cumbersome carseat onto the plane. Just put the **CARES Child Aviation Restraint System** (shown above) in your pocket or purse, install it on the airplane seat in one minute, and transform any airplane seat into a safe haven for your 22-44 lbs. child. It's the only FAA approved harness type child safety device on the market and is certified for all phases of flight. It attaches directly to the back of the airplane seat and augments the regular seat belt. For more info visit kidsflysafe.com. To purchase visit amazon.com; \$64.50.