



Like Oprah's Favorite Things, Only My Favorite (Travel) Things

Oh, and I don't have enough to give everyone, one of everything. Maybe someday! These are my favorite things because they make traveling easier and/or better.



CARES: As a mother and a flight attendant, I don't travel without [CARES \(Child Aviation Restraint System\)](#). Safety is the number one reason, but convenience is a close second. When you travel with children it's best to do what you can to make the experience a little easier. Checking the car seat curb side is one of the things that you can do when you have CARES. Remember if they go right from the rear facing car seat (about one year old) to CARES they'll never know the difference and expect it just like they do their car seat. Did I mention it weighs just under a pound?